



FREQUENTLY ASKED QUESTIONS (FAQ)

1) What Is The Yoga Professional Certification Scheme?

The honourable Prime Minister of India had desired to spread India's traditional knowledge worldwide with credible systems with specific reference to Yoga which should provide India leadership in assuring quality of Yoga practices across the world. The Ministry of AYUSH in pursuance of the above and in the wake of declaration of International Day of Yoga in 2015 identified the Quality Council of India (QCI) to develop a Voluntary Scheme for Evaluation and Certification of Yoga Professionals.

QCI has designed the Yoga Professional Certification Scheme by adopting the principles and requirements laid down in the international standard, ISO 17024:2012 General Requirements for Bodies Operating Certification of Persons. The Scheme was presented to the Ministry of AYUSH and was launched on 22 June 2015 in the valedictory function of the International Day of Yoga celebration by the Hon'ble Home Minister, Shri Rajnath Singh.

Please note that it is not a yoga course or teachers training program. The Scheme is to validate the competence of Yoga Professionals for their knowledge and skill as per the Syllabus mentioned in the Scheme document.

2) What are the eligibility qualification/criteria needed for applying?

There is no restriction on age, qualification, training or experience.

3) What are the Levels of certifications?

Currently there are 2 levels of certifications-

Level 1 Yoga Instructor certification

Level 2 Yoga Teacher certification

4) What is the difference between Level 1 and Level 2 certifications? What is the syllabus for these certifications?

Level 1 is basic professional certification while **Level 2** is advanced. For the differences in the level and content of theoretical and practical knowledge required for each refer to the following links:

- Syllabus for **Level 1**:
<http://yogacertification.qci.org.in/pdf/Yoga%20Scheme%20Section%203A%20Competence%20Standard%20Level%201%20Yoga%20Instructor.pdf>
- Syllabus for **Level 2** :
http://yogacertification.qci.org.in/pdf/Yoga%20Professional%20Scheme%20Section%203B%20Competence%20Criteria_Teacher.pdf



5) What is the relation between Level 1 examination and Level 2 examination?

The Level 1 and Level 2 examination are independent of each other.

6) Can I take both the examinations (Level 1 and 2) simultaneously?

You can take ONLY ONE exam in one session. Both the exams cannot be taken together in one session. The candidate will be allowed to take only either Level 1 or Level 2 which applied for both theory and practical.

7) What would be my status if I do not appear in exam?

If candidate after being allotted admit card for a particular exam does not appear for the exam, then the Fee paid for the exam will be forfeited. In cases s/he wished to appear again then the candidate will have to apply again.

8) Is the exam conducted by QCI only or there are approved bodies as well?

QCI will be approving several bodies called Personal Certification Bodies (PrCBs) in India and abroad. Candidates may approach any of these bodies to register and appear for the exams. It may be noted that QCI reserves the right to add more as per need.

In India

- Indian Yoga Association (<http://www.yogaiya.in/iya>) (IYA)
- TQ Cert Services Private Limited (<http://yogacertification.tqcert.in>) (TQCERT)
- World Association of Yogic Sciences (www.yogiways.in) (WAYS)
- Professional Quality Management Services www.qualityindia.in (PQMS)
- APMG India Certifications Pvt. Ltd. (www.apmg-international.com) (APMG International)

In Japan

- Japan Organization for Yoga Certification (<http://www.yogakentei.com>) (JOYC)

9) How can I register for the certification?

Candidate will need to register and then appear for an examination to obtain certificate. Both on-line and off-line examination formats are available which will be executed based on the resources available in hand by QCI and/or approved Personal Certification Bodies (PrCBs).

Foreign national applying from outside of India needs to register themselves on QCI yoga website or any of the approved PrCBs as mentioned in the website. The fee and other details will also be mentioned in the website

10) What is the examination fee?

Each of the approved PrCB is free to have a fee structure that is viable for their operations. The candidates need to approach the individual PrCB to seek the information on the fee. QCI has no role in fixing the fees charged by approved PrCBs.

11) Fee Structure for written (theory) and practical:

Scheme allows the candidate to choose from any of the following payment options:

- a. Candidates can pay separately for written and separately for practical.
- b. Candidates can pay a combine fee for both written and practical exam.
- c. These provisions are followed by all approved PrCBs.



12) Is fees transferable between PrCBs, QCI etc.?

Please note that the fee is non-transferable. Candidate will have to take the exam with the PrCB or QCI with which it has registered. The transfer of candidate within PrCBs is not allowed. Exceptions, if any shall be handled by QCI.

13) How do I apply?

Barring the above mentioned Six organizations (IYA, TQ Cert, WAYS, PQMS, JOYC and APMG) QCI has not authorized any person/federation/organization to collect money or conduct the exams on its behalf. Any candidate that comes across any such organisation needs to report the same in QCI feedback section.

QCI reserves the right to add or remove a PrCB at its own discretion after following due process.

14) Caution against Misrepresentation and Impersonation.

Anybody found behaving or presenting itself as a QCI representative without undergoing due approval process must be reported immediately to yogaquery@gcin.org; appropriate action will be taken against all such unapproved illegal players in the market

15) What is the validity of the certificate?

The certificate is valid for 3 years only. However, within 18 -21 months from the date of issuance of certificate, candidate shall need to approach approved PrCBs or QCI for a surveillance examination. This test will revalidate the existing competence of the candidate.

It is the responsibility of the candidate to approach any of the approved PrCB to take the surveillance. Candidates who fail to do so will have their name removed from the central registry.

16) What are the languages available for exam?

Candidates have to select their preferred language while applying. The languages available are:-

- In India - Hindi and English. The PrCB may offer more languages
- In Japan - Japanese & English
- Rest of the countries- English and any other languages that can be decided by PrCB.

17) What is the pattern of the question paper and marking system of the exam for applicants?

For both levels (L1 and L2), the examination has two stages. There is no provision for negative marking.

- Written (theory) Examination - The questions are of multiple choice questions (MCQ) type for both offline and online exam. In offline exams, the answer sheet will be in form of the Optical Mark Reader (OMR) while in online the software will generate the result.
- Practical examination: The candidate will be assessed by a panel of 3 examiner.



Level 1:

- a. The Scheme requires 30% weightage from written exam (knowledge) and 70% weightage from practical (skill) exam. The candidate needs to score a total of 70% marks cumulatively (theory + practical) for passing.

Modalities:

- i) The written exam shall comprise of 50 questions of 2 marks each totaling 100 marks of which 30% shall be considered for final evaluation.
- ii) The practical shall comprise of 100 marks of which 70% will be considered for final evaluation.
- iii) There are no qualifying marks for written exam and the candidate needs to decide if they wish to undertake practical exams based on their readiness.
- iv) The cumulative score for written and practical needs to be 70% for passing.

Level 2:

Modalities

- i) The written exam for Level 2 will be of 100 marks.
- ii) The theory (written) paper shall consist of two sections – A and B. Section A shall consist of 60 objective type questions of 1 mark each and section B shall consist of 20 objective type questions of 2 marks each.
- iii) The candidate must score a minimum of 70% marks as the qualifying marks to become eligible for practical examination.
- iv) The practical exam will be of 100 marks of which the candidate needs to score 70% for being eligible for certification.
- v) The PrCB may however, need to have provisions to conduct the practical exams the same date or on a different day. The clauses of fee structure and reappearing shall be applicable for both L1 and L2.

18) What is the procedure of certifying a student coming out of a QCI Certified School.

The candidates passing out of QCI Certified Yoga Schools need to only appear in the written exam and are exempted from practical.

Level 1: The candidate needs to appear for a written examination of 100 marks. The candidate must score a minimum of 70% for qualifying to become a certified YP.

Level 2: The candidate needs to appear for a written examination of 100 marks. The candidate must score a minimum of 70% for qualifying to become a certified YP.

** Note – PrCBs are required to avoid the same premises of the school from which the candidate appear. In case there is a justifiable reason, the PrCB shall only employ vigilantes that are independent and not associated with the said Yoga School, this needs to be backed up by proper documentation.*



19) Reappearing/Re-evaluation:

Reappearing – Applicable for both theory and practical exam.

- a) Candidates are allowed for one reappearance for theory and one reappearance for practical on payment of the stipulated fee.
- b) Candidates cannot reappear twice for either theory or practical on payment of the stipulated fee.
- c) The reappearing candidates shall undergo written and practical that will have the same format as for fresh candidates.
- d) After completion of the stipulated re-appearance chances, the candidates needs to apply afresh either to the existing PrCB or different PrCB.

Re-evaluation – Applicable for only written exam (rechecking).

- e) Candidate that wish to recheck their marks in written (theory) exam within 15 days of declaration of results.

20) What if Institutions State or Central Governments wish to conduct examination in their premises or request for bulk examination?

In such a case all such request shall be directly catered to by QCI or an agency nominated by QCI. The concerned official needs to send email to yogaquery@qcin.org .

21) Are there any prescribed book?

No we do not prescribe any books, however, we do prescribe the syllabus that is freely available on our website. Yoga official guidebook for both Level 1 and Level 2 is available in eBook format freely available on our website <http://104.199.212.164/ebookyoga/ebook/files/basic-html/index.html>

22) How will I know the results of the examination?

The result of the candidates are published directly on the dashboards of the candidates. Candidate can login into their dashboard via our website for the results. The results are not made public respecting the individual privacy and will not be disclosed publically.

23) What if I fail in the exam?

If the candidate fails the examination, the candidate could appear as per reappearing/re-evaluation policy.

24) What is Registry? What is the use of the Registry?

QCI is maintaining a database of certified yoga professionals. This will:

- a) Comprise of all the candidates who have passed the exams.
- b) Assist the employers in verifying whether a professional is certified.
- c) It will assist the students for identifying a teacher.

Please be informed that the candidates that fail to lend themselves to surveillance within the stipulated term of 18-21 months shall be removed from the registry. All such candidates shall be solely responsible for all the consequences arising out of the expulsion from the registry.



25) How will this certification benefit me?

- a) This Scheme is supported by the Government of India
- b) Ministry of External Affairs body, the Indian Council of Cultural Relations (ICCR) has recognized the YP Level 2 certification and made it as a pre-requisite for foreign deputation for promotion of Yoga
- c) State Governments are keenly interested to insert this as a requirement for their recruitment drive from time to time - e.g. Government of Haryana
- d) Probability of higher employment opportunities in government schools, colleges, Yoga institutions.
- e) List of successful candidates will be displayed on AYUSH website for providing any further opportunities arising
- f) It will assist the learners in seeking qualified Yoga teachers.

26) What if I'm not satisfied with my evaluation?

If the candidate is not satisfied with his marks, they are permitted to apply for reevaluation/rechecking.

- Payment mode - NEFT, Cheque, DD payable to the approved body.
- Candidate can apply for re-evaluation within 15 days from the date of result declaration
- The total time taken for re-evaluation process is 30 working days from date of payment being received.

27) What are reevaluation modalities for theory and practical Exams?

The question paper and the answer sheet of exam held will not be shared since the questions are a part of the question bank.

a) Re-evaluation of Theory Examination (Both level 1 and 2)

Re-evaluation for theory needs to be applied within 15 days of declaration of the result. The re-evaluation of theory will be limited to recalculation of marks.

b) Re-evaluation of Practical Examination (Both level 1 and 2)

Re-evaluation for practical to be applied within 15 days of result declaration. For the re-evaluation, the candidate will need to lend himself before an examination panel duly constituted with one lead examiner and two examiners. The Lead examiner shall review the marks obtained earlier by the candidate and will examine the candidate along with other examiner. The duration of this re-evaluation is also at the discretion of the lead examiner.

The charges for re-evaluation for both level 1 and 2 in QCI are as follows:

- Theory: Rs.1000 + applicable taxes
- Practical: Rs.3000 + applicable taxes

28) How much time is allowed for a candidate to clear Stage II (practical exam) after passing the Theory exam?

Stage 2 exam for Level 1 and Level 2 has to be cleared within 60 days of the result declaration of stage 1. QCI/PrCB will inform the candidate date, time and venue of the examination.



29) How do I contact QCI:

For your convenience we have the following 3 numbers for customer care:

- Customer Care Toll No. : 1860-123-6364 (Local Charges will apply)
- Customer Care Mobile No.: +91-9870108495 (Local Charges will apply)
- Customer Care Mobile No.: +91-9870108492 (Local Charges will apply)

Please note that calls may be recorded for training and quality purposes.

30) What is your documentation retention policy?

All exam documents pertaining to the application shall be retained for a period of one year. Documents of the certified personnel shall be retained for a period of one certification cycle (3 years). All records shall be maintained in soft copy as per above duration, however all unused physical documents like question paper, OMR sheets will be destroyed in 30 days of the exam being conducted.

31) What is Surveillance?

Surveillance is the process to verify that the certified YP maintains the same level of competence as it was during the time of initial certification. This is a normally accepted norms in personnel certification Scheme.

The certified Yoga Professionals shall be periodically evaluated with 18-21 months during the period of the valid certification. The surveillance can be done either on-site or by means of video conferencing, where feasible. It shall involve witnessing the certified Yoga Professional in live teaching session covering demonstration of knowledge, skills and teaching ability.

The duration of witnessing shall be sufficient to cover the above but not less than one hour. The witnessing shall be undertaken once in a certification cycle for each certified professional.

- a. Surveillance to be carried out by QCI or PrCBs?
The candidates needs to approach their PrCB for Surveillance.
- b. Frequency of surveillance
Once within the certification period of 3 years
- c. Type of Exam
Practical – refer to document 4A and 4B.
- d. Mode of Exam
Both Online /Offline are allowed
- e. Fees proposed for Level 1 and 2
1500 and 3000 for L1 and L2 plus applicable taxes, respectively.
- f. What process will be adopted for surveillance of out-stationed/stationed candidates
All need to come to the exam centre
- g. Is there any feedback to be taken for the candidate due for surveillance?
The candidates needs to submit details of 10 students trained by them along with name/ contact details etc. for QCI/PrCB to seek feedback.
- h. Is there any requirement of examiners in this process? If yes then how many?
There shall be a panel of 3 with one lead examiner as mentioned in examination process.



32) Can I take the exam if I have some physically disability?

Yes, for differently abled people, the requirement for certification would be limited to only theoretical knowledge and teaching practice. Such professionals will be certified that they have been evaluated only for Knowledge and teaching practice.

The nature of disability needs to be reported to QCI for getting approval on a case to case basis principle.

For more information and candidate specific information – please contact yogaquery@qcin.org

For complaints and feedback – please visit the feedback tab in the website